



Maintenance of Your New Porcelain Laminates:

The maintenance of your Porcelain Laminate Veneer is relatively simple. A few suggestions, however, are in order:

1. Some sensitivity to hot and cold may be experienced after the placement of your laminates. This relates to the amount of enamel left on your tooth after preparation, the proximity of the nerve as well as several other factors. Some sensitivity is absolutely normal and usually dissipates after one-two weeks. If this sensitivity should remain or concern you at all, please give us a call.
2. As mentioned before, a normal diet should pose no problem at all. Please avoid anything that will tend to bend or twist the laminates.
3. If you are known to be a bruxer or clencher, please let us know. We will fabricate a soft nite guard for you to wear to minimize the stresses placed upon your teeth while you sleep.

Please brush and floss as you normally would to prevent oral hygiene problems. Once placed, Porcelain Laminate Veneers are typically the kindest restoration to the gum tissues that we currently have in our prosthetic armamentarium. Do not be afraid that you will damage your laminates by either flossing or brushing. Any non-abrasive toothpaste is acceptable. A good home care regimen will insure the esthetic success of your laminate restorations for years to come.

Approximately one week after the placement of your laminates you will be asked to return to the office for a treatment evaluation. This visit is extremely important. It gives us the opportunity to evaluate the placement of the laminates, the tissue response and to answer any questions you might have regarding your new smile.

We hope that your Porcelain Laminate Veneers have fulfilled all of your esthetic goals. With proper home care and scheduled evaluation visits, they can provide you with a beautiful smile for years to come. If you have any questions concerning any aspect of your dental care, please give us a call.



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