

# The Handz of Ganz

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## From Dr. Ganz

Happy Holidays from all of us. It is with great pleasure that we wish you, your families and friends a wonderful holiday season and a healthy, prosperous New Year. We hope that this past year was a successful one for all of you and that next year fulfills all of your wishes and desires.

Thank you.

*Cary*



## What's New?

This time of year is typically left for looking back over the year, reflecting on the things that have changed and making pledges for the future. I thought I would take a moment to bring to your attention some of the changes we have made over the past year and how they might impact your dental care. Some of these changes you may already be aware of; others may be new and hopefully enlightening. So here it goes....

Over the past year we have made several additions to the services and techniques used in our office. These include the addition of several new spa services such as our **Flavia coffee and tea machine**, customizable music selections from our **MP3 player** with your own personal headphones and even our new **Cable TV hookup** in the reception area. If you would like a list of our unique services please ask anyone at the office for our Comfort Selection Form or download it yourself from our website, <http://www.ganzdental.com>.

In our clinical area we introduced **Invisalign**, wireless braces and **Diagnodent**, laser guided decay diagnosis. Dr. Ganz has also lectured on several occasions to a variety of dental groups on clinical topics relating to cosmetic dentistry, implants, technology and the Internet.

And don't forget to visit our **Spa Bakery** before you leave the office! Barb (Mrs. Ganz to those of you who have not met Barb) has tried to provide a wide variety of cookies and cakes to make your day just a little bit better. If you have any suggestions please let us know. She will do her best to do justice to your requests or recipes.

## A Couple Of Reminders

1. **This year is about to come to an end. It's time to check to make sure that you have maximized your insurance benefits. If you have any questions please give us a call.**
2. **Also, many of you may benefit from tax benefits by paying your dental expenses all in one year. Please speak with your advisors before this year is behind us.**
3. **Finally, don't forget to check our website for new additions to our Smile Point Incentive Program.**



*As always we appreciate the kindness expressed by the referral of your family, friends and business associates. Please ask them to mention your name when they call.*

The Dental Spa at Garden City

400 Garden City Plaza Garden City NY 11530 Tel. 516 741-1230

<http://www.ganzdental.com>

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## Something New!

### Dirty Teeth Can Kill You, U.S. Study Shows

Washington (Reuters) - Germs found in dental plaque in me there a way into the lungs and cause potentially fatal pneumonia in elderly nursing home patients.

Though the study was small, the researchers said they found clear evidence in each patient's who developed pneumonia while in the hospital that had originated from their own dental plaque.

"This is the first study to establish unequivocally a link between dental hygiene and respiratory infection," say Dr. Ali El-Solh of the University at Buffalo in New York.

Writing in the latest issue of the journal Chest, El-Solh and colleagues said they tested 49 nursing home residents who were admitted to a nearby hospital with a high risk of pneumonia. They made molecular fingerprints of the bacteria found in each patient's mouth before he or she developed pneumonia.

Of the 49 patients, 28 had germs known to cause respiratory disease in their dental plaque samples and 21 did not.

The patients were watched closely for pneumonia. The researchers said 14 eventually developed pneumonia and 10 of them started out with respiratory disease causing germs in their teeth.

Tests of germs from the lungs showed the DNA matched the DNA of plaque germs in eight of the patients -more than half.

"These findings indicate that dental plaque is a reservoir of respiratory pathogens that can cause pneumonia in hospitalized, institutionalized elders." said El-Solh.

Nursing homes need to help patients maintain clean teeth and dentures, he added.



## Dental FAQs

Top of the American teeth stakes in the poll for greatest looking teeth were Hollywood actors Brad Pitt and Julia Roberts.

The average toothbrush contains about 2,500 bristles grouped into about 40 tufts per toothbrush. The tufts are folded over a metal staple and forced onto pre-cored holes in the head and fused into the head with heat. The handle is made of at least two materials, usually plastic and rubber. The grips used for the handle is: precision, power, spoon, oblique and distal oblique.

### **Flossed Facts:**

Year commercial floss was first manufactured: 1882

Material it was first made of: silk

Newest material: Gore-tex

Amount bought per person: 18 yards

Amount that should be bought per person: 122 yards (figuring one foot a day)

Percent who say they floss daily: 28% (some are fibbing, according to the sales data above)

In 1994 a prison inmate in West Virginia braided floss into a rope, scaled the wall and escaped.

83% of people believe their teeth are more important to their appearance than hair and eyes, according to a recent survey conducted by Roper ASW in conjunction with ReachMax.



## **Joke of the Month:**

### **The Magician and the Parrot**

A young magician started to work on a cruise ship w his pet parrot. The parrot would always ruin his act | saying things like, "He has a card up his sleeve" or "He has a dove in his pocket."

One day the ship sank and the magician and the parrot found themselves alone on a lifeboat. For a couple of days, they just sat there looking at each other. Finally, the parrot broke the silence and said, "Okay, I give up. What did you do with the ship?"

