



## We're Back!

After a brief absence we have decided to start publishing the Handz of Ganz again with the hope that you will find it informative, interesting and hopefully a bit entertaining. Please let us know if there is anything special you would like to see or read about and we will do our best to oblige. Also feel free to go to our website at <http://www.ganzdental.com> for more about a wide variety of dental topics.

*Thank you.*

## What's New?

Well, things have changed a bit over the past couple of months. We've grown and with that growth we have added a couple of new staff members. We want to welcome to our front desk as our receptionist, Anna. Within a matter of possibly minutes she should be delivering her first child and may not be back for a month or so but please say hello at your next visit. Charles and Teresa have been added to our clinical staff and will be helping me during your treatment. Both of these individuals are highly trained and have been in the dental profession for many years.

## Dental FAQs

### What is Burning Mouth Syndrome?

Burning mouth syndrome (BMS) is a common but complex problem that causes patients to experience a burning or scalding pain on the lips and tongue and sometimes throughout the mouth. There are often no visible signs of irritation. The cause of this syndrome may be the onset of menopause to vitamin deficiencies.



According to research at the Mayo Clinic, BMS may affect up to 5% of the U.S. population and usually people over age 60. It is more frequent in older women and is also called glossodynia or stomatodynia (tongue and mouth pain).

## Treatment

Treatment depends on the patient and the cause. For dry mouth we may advise that you drink more fluids, or perhaps a saliva substitute. Thrush may be treated with antifungal medications such as nystatin or fluconazole. If dentures are the culprit we can make adjustments that they won't irritate the mouth or perhaps replace or relin them so that they fit better. If the cause for this problem is not dental, we will refer you to your physician for treatment.

## Joke of the Month

A man and his wife entered a dentist's office. The wife said, "I want a tooth pulled. I don't want gas or Novocain because I'm in a terrible hurry. Just pull the tooth as quickly as possible." "You're a brave woman," said the dentist. "Now, show me which tooth it is." The wife turns to her husband and says: "Open your mouth and show the dentist which tooth it is, dear."



## Quote of the Month

Laughter is by definition healthy.

*Doris Lessing*

*As always we appreciate the confidence expressed by your kind referral of your family, friends and business associates.*