

The Dental Spa Blog:

Blog is short for weblog. A weblog is a journal (or newsletter) that is frequently updated and intended for general public consumption. Blogs generally represent the personality of the author or the Web site.

We've just introduced the **Dental Spa Blog**. This is a place for you to ask questions, make comments or just read about some of the newest information available in dentistry as well as more general technology stuff that might be of interest. Check back often and contribute. You can reach our blog by going to <http://dentalspagardencity.blogspot.com/>



***We welcome the referral of your families, friends and business associates.
Please ask them to mention your name when they call.***



Happy Mother's Day



Your latest Issue of The Handz of Ganz



Your Dental/Medical Health

Scientists at the Virginia Commonwealth University have decoded the genome of a bacteria normally present in the oral cavity of a healthy individual. It typically resides in the plaque that forms on teeth. This bacteria, in an individual with preexisting heart problems, can lead to a potentially problematic condition known as Bacterial Endocarditis. Research can now be done to provide treatment that heretofore might not have been possible prior to this discovery.



On another note, Periodontal Disease has been found to be a possible contributor to Pre-Diabetes, a condition manifested by an increase in blood glucose just below the threshold for a diagnosis of Diabetes.

Dental plaque identified as a major source of germs that cause ventilator-associated Pneumonia. To prevent hospital-acquired disease, taking care of teeth and gums while hospitalized might be especially important.



The Handz of Ganz

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From Dr. Ganz

Spring is here and summer is just around the corner. Due to the inclement winter weather lots of people stay away from the dental office. Totally understandable but....now is the time to take care of all of those things that were left undone during the wind and the snow.

Dr. Cary Ganz, Family and Staff

What's New in Dentistry

Premedication for Dental Care

Just recently the American Heart Association changed its recommendations for pre-medication for dentistry.

The current practice of giving patients antibiotics prior to a dental procedure is *no longer recommended* **EXCEPT** for patients with the highest risk of adverse outcome resulting from endocarditis. Those patients taking premedication for Prolapsed Mitral Valve, according to the new recommendations, no longer need to do so. Those people at highest risk who should continue taking premedication include those with:

1. Prosthetic cardiac valve
2. Previous endocarditis
3. Congenital heart disease for these conditions: – Unrepaired cyanotic congenital heart disease, including palliative shunts and conduits – Completely repaired congenital heart disease with prosthetic material or device either by surgery or catheter intervention during the first six months after the procedure – Repaired congenital heart disease with residual defects at the site or adjacent to the site of a prosthetic patch or prosthetic device (which inhibit endothelialization)
4. Cardiac transplantation recipients who develop cardiac valve abnormalities



The American Heart Association has concluded that an exceedingly small number of cases, if any, of endocarditis may be prevented by giving antibiotics prior to a dental procedure. If such benefit from prophylaxis exists, it should be reserved **ONLY** for those patients at highest risk (listed above) who would have the worst outcomes if they contract endocarditis.

The American Heart Association recognizes the importance of good oral and dental health including regular brushing and flossing and regular visits to the dentist for patients at risk of endocarditis. The American Heart Association no longer recommends administering antibiotics solely to prevent endocarditis in patients who undergo a GI or GU tract procedure.

If you have any questions regarding your need to premedicate prior to your dental visit please give your physician a call.

Your health is in your hands! We're here to help in any way we can. Please give us a call **TODAY!**

We're Looking for New Patients JUST LIKE YOU! Your referrals are ALWAYS Welcome!

The Dental Spa at Garden City

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